

Down Home News



The Down Home News is a monthly publication by MCDC. We are located at 906 Mooney Street West, Thetford Mines G6G 6H2.
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MARCH 1, 2016

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JOB OPENING: Coordinator – Volunteer and Senior Services

MCDC, a non-profit organization serving the English-speaking community of Chaudière-Appalaches, is currently recruiting to fill the position of Coordinator – Volunteer and Senior Services. This person will assume the following responsibilities, under the supervision and guidance of the Supervisor – Community Health Services:

- ✓ Arrange volunteer services upon request (transportation, accompaniment, interpreter services)
- ✓ Recruit and train new volunteers
- ✓ Organize annual volunteer recognition event
- ✓ Assist seniors in navigating the health care system
- ✓ Provide information, assistance and support to caregivers and vulnerable seniors through personal visits, telephone calls, printed material...

- ✓ Assist in organizing special events for seniors during the year
- ✓ Actively participate on local and regional consultative committees related to volunteer and senior services to represent the interests of the English-speaking community
- ✓ Provide interpreter services at the request of French public and community partners
- ✓ Any other related task

This is a permanent position, 32 hours per week, 44 weeks per year (from September to June of each year with a summer hiatus of 8 weeks). The working schedule will be from Monday to Thursday (8:30 a.m. to 4:30 p.m. with one hour for lunch) and on Friday (8:30 a.m. to 12:30 p.m.). Salary will be based on the current MCDC Salary Policy. The ideal candidate will meet the following criteria :

- ✓ Perfectly fluent in both English and

French (this is a must)

- ✓ Minimum of two years of experience in a similar capacity or in a field related to the position
- ✓ Excellent communication, interpersonal and organizational skills
- ✓ Good computer skills (MS Office suite)
- ✓ Access to a car and in possession of a valid driver's licence
- ✓ A good knowledge of the English-speaking community of the region would be an asset

If this position interests you, please forward your curriculum vitae by March 11, 2016 to:

The Executive Director MCDC
906 Mooney Street West, Thetford Mines (Qc) G6G 6H2
mcdc.exdir@bellnet.ca
fax: 418-332-3153



Just a reminder to change the time of your clocks to one hour ahead on Sunday, March 13, 2016, at 2:00 a.m.



COMMUNITY CALENDAR

March 9: Dinner by Les Fourneaux d'Inverness at the I.O.O.F. Hall in Inverness, 11:00 a.m. – 1:00 p.m.

March 19: St. Patrick's Day parade in Quebec city beginning at 1:30 p.m.

March 20: Monthly brunch at Les Fourneaux d'Inverness, 9:00 a.m. - 1:00 p.m. Call Lisa to reserve 1-418-453-2007.



SENIORS' DROP-INS

- Monday, March 14th:** Kinnear's Mills
- Monday, March 21st:** Inverness (St. Patrick's Party)
- Monday, March 28th:** Thetford Mines

MCGILL RETENTION BURSARY PROGRAM

It is with pleasure the MCDC announces the awarding of 2 bursaries from the McGill Retention Bursary Program for students in the health and social services sector for the 2015-16 academic year. The recipients are Allison Powell who is studying for her bachelor's degree in

Psychoeducation at l'Université de Sherbrooke, and Méljade Poisson who is studying to be a "Home Care Worker" at Le Tremplin in Thetford Mines. The recipient of the 3rd bursary has yet to be announced but we will keep you posted.



The McGill Bursary Program provides financial support to bilingual students who pursue post-secondary studies in the health sector. For more details on this program, please contact Maureen at MCDC. Congratulations to these well deserving students and their families.

THETFORD MASONIC LODGE

Looking for a tasty Sunday morning brunch?



Come out to support our local Masonic Lodge on:

DATE: **Sunday, March 6, 2016**

TIME: **10:30 a.m. – 1:30 p.m.**

PLACE: **A.S.J. High School Room of Champions & Cafeteria**

PRICE: **\$ 12/each or \$30/family**

For additional information, contact Bob Johnston 418-335-6884





On February 27, 2016, MCDC held its biennial Community Forum to hear valuable feedback and great ideas from the community. In all, approximately 50 people attended. During the event, Richard Walling and Jennifer Johnson of the CHSSN (the main MCDC funder for all

activities related to health) presented MCDC with a plaque to mark the 10th anniversary of our involvement in the Health Canada funding programs to facilitate access to health services in English. It was the icing on the cake of a very successful day!

ANY "CHESS" PLAYERS OUT THERE?

One of our members would like to find a fellow chess-player(s) to get together at MCDC once a week to practice their skills.



Please contact Maureen at MCDC if you are interested.

418-332-3851 / 1-877-332-3851

BURSARY PROGRAM FOR ASJ GRADUATES AND ADULT LEARNERS

For the 7th year running, the Megantic Community Foundation (MCF) is pleased to offer two (2) \$500 bursaries:



One bursary to an ASJ High School graduate pursuing post-secondary education;

One bursary to a member of the English-speaking community of the Appalaches, L'Érable or Lotbinière regions who wishes to further his/her studies as a mature student

Deadline for submission of applications is May 2, 2016

Application forms are available at MCDC, 906 Mooney Street West, Thetford, or by calling 418-332-3851.

HEALTH SESSIONS COMING UP IN MARCH 2016

INDOOR WINTER ACTIVITY

Date: Tuesday, March 8, 2016
Time: 10:00 a.m. – 12:00 noon
Place: Kinnear's Mills Community Hall

Refreshments will be served.

MARCH IS NUTRITION MONTH

Seniors 55+ are invited to come in and enjoy a nice warm healthy meal. Get useful printed information about nutrition and cooking

Date: Thursday, March 24, 2016
Time: 11:00 a.m. – 1:00 p.m.
Place: Kinnear's Mills Community Hall
Deadline to register: **March 21st**

Please call MCDC 418-332-3851 to register for each activity.

ODD FELLOWS' SUGAR PARTY

The annual Odd Fellows Sugar party offers you an evening of good music, dancing, taffy on snow, and homemade treats. Bar service available.

DATE: **Friday, March 11, 2016**
7:00 p.m. - midnight

PLACE: I.O.O.F. Hall in Inverness

PRICE: \$10

Perfect way to feed your "sweet tooth"!

ST. PATRICK'S DAY CELEBRATIONS

All are invited on Saturday, **March 12, 2016**, to the **Ste-Agathe Municipal Hall** to celebrate this Irish tradition.



6:15 – 8:00 p.m. Historical Storytelling in French: An archaeologist's site, A 7th Murder, and other tangents.

8:00 – midnight Square dance to the music of Claude Lachance and James Allan.

Admission: **\$10 (adults)**

Plenty of door prizes, finger food, and desserts to please everyone!

For more information, call Steve Cameron 418-599-2814, or Suzanne Lambert 418-599-2747



The MCDC Board of Directors and Staff would like to wish you a very Happy Easter!

Please note that the office will be closed

Good Friday, March 25th &

Easter Monday, March 28th.

WELCOMING NEWCOMERS!

If you know of English-speaking newcomers to our region, do not hesitate to encourage them to contact MCDC. We are looking forward to welcoming them.

SCHOOL NEWS



Mar. 11: Volunteer program pizza lunch

Mar. 15: Sec. 3 & 4 visit to Le Tremplin

Mar. 17: Smoothies day

Mar. 29: 7:00 p.m. Governing Board

MILESTONES



Happy Birthday wishes go out to Evelyne Beattie, Patrick Hogan, Joy Nugent, Kitty Small, and Winston White who are celebrating their birthdays in March.

Get well wishes going out to Edward Powell for a speedy recovery.

MCDC MEMBERSHIP

All members of the English-speaking community of Chaudière-Appalaches and l'Érable are invited to become members of MCDC. Membership is free and it is a great way to get involved and show your support for your community. For additional information, please call us at 418-332-3851 or 1-877-332-3851 or visit our website at <http://mcdc.info>.