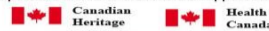


# Down Home News

The Down Home News is a monthly publication by MCDC. We are located at 906 Mooney Street West, Thetford Mines G6G 6H2.  
Tel: 418-332-3851 / Fax: 418-332-3153 / E-mail: mcdc@bellnet.ca / Website: <http://mcdc.info>



This document is made possible thanks to the financial support of:



March 2017

## Canadian Revenue Agency (CRA) Info Session

### In-House Session

#### Subjects: Credits and Benefits

Thursday, **March 9, 2017**

11:00 a.m. - 1:00 p.m. (warm meal to be served)

Studio Théâtre Paul Hébert

800 rue St-Alphonse, Thetford

**WE NEED 30 PEOPLE** to warrant 2 English-speaking representatives from Revenue Canada in attendance.

**DO NOT MISS THIS GREAT OPPORTUNITY!**



### Online

There are many videos on tax information available for viewing at CRA's website

[www.cra.gc.ca/videogallery](http://www.cra.gc.ca/videogallery)

as well as the following online services:

- My Account
- My Business Account
- Represent a Client
  - Netfile
  - Direct deposit

Register today by calling MCDC 418-332-3851 / toll free 1-877-332-3851

## Odd Fellows Sugar Party

The annual Odd Fellows Sugar party offers you an evening of good music, dancing, taffy on snow, and homemade treats. Bar service available.

DATE: **Friday, March 3, 2017 at 7:00 p.m. - midnight**

PLACE: I.O.O.F. Hall in Inverness

Perfect way to feed your "sweet tooth"!

## St. Patrick's Day Celebrations

All are invited on **Saturday, March 18, 2017**, to the Ste-Agathe Municipal Hall to celebrate this Irish tradition

6:15 - 8:00 p.m. Historical Storytelling in French

8:00 - midnight Square dance, music by Claude Lachance and James Allan.

Admission: \$10 (adults)

Plenty of door prizes, finger food, and dessert to please everyone!

For more information, call Steve Cameron 418-599-2814, or Suzanne Lambert 418-599-2747



## THETFORD MASONIC LODGE'S BRUNCH

Looking for a tasty Sunday morning brunch???

DATE: **Sunday, March 5, 2017**

TIME: 10:00 a.m. - 1:00 p.m.

PLACE: A.S.J. High School Cafeteria

PRICE: \$12/each or \$30/family

For additional information, contact Bob Johnston 418-335-6884

## ARTS & CRAFTS WORKSHOP "Macramé"

Macramé is back in style! The vintage art of tying rope into patterns is enjoying a huge revival.

Join us at MCDC for this upcoming workshop

DATE: **Tuesday, March 21 & 28, 2017**

TIME: 2:00 - 4:00 p.m.

PRICE: \$10 (in advance)

Deadline to sign up is March 10<sup>th</sup> as places are limited. Call Hélène Doré for more information.  
**418-332-3851 1-877-332-3851 (toll free)**



## COMMUNITY CALENDAR

- **March 25:** St. Patrick's Day parade in Quebec city 1:30 p.m.
- **March 26:** Monthly **brunch** at Les Fourneaux d'Inverness, 9:00 a.m. - 1:00 p.m. Call Lisa to reserve 418-453-2007.
- **April 2:** Steve Cameron will launch book #3, at the Kinnear's Mills Community Hall, 2:00 p.m.

## Seniors' Drop-Ins

- Monday, March 13<sup>th</sup>: Kinnear's Mills
- Monday, March 20<sup>th</sup>: **Inverness (St. Patrick's Party)**
- Monday, March 27<sup>th</sup>: Thetford Mines



LOOKING FOR.....pieces of the Mr. Potato Head children's toy!! If you can help, please call Estelle at MCDC 418-332-3851



## COMMUNITY HEALTH CAPSULE March 2017

Down Syndrome International invites everyone across the world to wear BRIGHT COLOURED SOCKS on March 21, 2017, to raise awareness on World Down Syndrome Day (WDSD).



We can do this if we all wear socks...unmatched socks, brightly coloured socks, long socks, printed socks, 1 sock... even 3 socks for 3 chromosomes. The choice is yours, but we ask you to join us wearing something which people will ask you about so that you can tell them all about WDSD.

It is easy to do, so whether you are at home, nursery, school, college, university, work, play, travel, holiday or anywhere, join in!

Source: <https://worlddownsyndromeday.org>

## THANK YOU TO THE ODD FELLOWS LODGES



Robert Blais presented cheques on behalf of the Odd Fellows' Leeds and Inverness lodges to Manon Rodrigue for the School breakfast program, to Ross Davidson for the Megantic County Historical Society, and to Suzanne Aubre, Executive Director of MCDC to help support the volunteer transportation service. Thank you very much to the Odd Fellows organization for their generosity & ongoing support.



**Just a reminder to change the time of your clocks to one hour ahead on Sunday, March 12, 2017, at 2:00 a.m.**



## Milestones

- ❖ Our sincere condolences to Suzette Mainville and family, as well as the Beattie family, on the recent passing of Gilbert (Gibby) Beattie of St-Pierre-de-Broughton.
- ❖ Our sympathies to the family of Muriel Robinson Brophy (formerly of Inverness) on her recent passing in Montreal.
- ❖ Happy Birthday wishes go out to Evelyne Beattie, Patrick Hogan, Joy Nugent (now residing in New Brunswick), Kitty Small, and Winston White who are celebrating their birthdays in March.

## MCDC MEMBERSHIP

All members of the English-speaking community of Chaudière-Appalaches and l'Érable are invited to become members of MCDC. Membership is free and it is a great way to get involved and show your support for your community. For additional information, please call us at 418-332-3851 or 1-877-332-3851 or visit our website at <http://mcdc.info>.

## Health Session Coming up in March 2017

### March is Nutrition Month

Seniors55+ are invited to come in and enjoy a nice warm healthy meal. Get useful printed information about nutrition and cooking

DATE: **Thursday, March 30, 2017** ← **New date**

TIME: 10:30 a.m. – 12:30 p.m.

PLACE: Inverness IOOF Hall



**Deadline to register: March 27<sup>th</sup>**

**Please call MCDC 418-332-3851 to register.**

## SCHOOLTIME



- Mar. 3: I Volunteer program pizza lunch
- Mar 5-11: Spring break
- Mar. 30: 2:15 p.m. book launch "I Read, Therefore I Am".



## BURSARY PROGRAM FOR ASJ GRADUATES AND ADULT LEARNERS

For the 8<sup>th</sup> year running, the Megantic Community Foundation (MCF) is pleased to offer two (2) \$500 bursaries:

- ❖ One bursary to an ASJ High School graduate pursuing post-secondary education;
- ❖ One bursary to a member of the English-speaking community of the Appalaches, L'Érable or Lotbinière regions who wishes to further his/her studies as a mature student

**Deadline for submission of applications is May 1, 2017**

Application forms are available at MCDC, 906 Mooney Street West, Thetford, or by calling 418-332-3851.



Once again this year MCDC is providing free assistance in completing tax forms for people who meet the following criteria:

1. Living alone with an income of \$20,000 or less;
2. A couple with an income of \$26,000 or less;
3. One adult and one child with an income of \$26,000 or less (each additional dependant \$2,000).

Should you qualify for this service, call MCDC and we'll put one of our volunteers in touch with you in total confidentiality.

418-332-3851/ toll free: 1-877-332-3851