

Down Home News



This document is made possible thanks to the financial support of:



Canadian Heritage



Health Canada

September 2024

MCDC LIBRARY IMPLEMENTING BARCODES ON THEIR BOOKS

As we strive to ensure efficient operation of the MCDC library, going forward the books will each have their own barcode.

People wishing to take books out will be asked to scan the barcode. This simple procedure will allow us to do away with manually entering the information into a binder.

Jennifer Nutbrown, our librarian, will be available to explain the process to each person visiting the library. It should make everyone's life easier!



Health activity & capsules

Please call MCDC to register for each of the following health sessions:

"Celine Dion - Documentary"



Date: **Wed Sept 4, 2024**
Time: 1:30 p.m.
Place: MCDC

Please call or email Jennifer
info@mcdc.info

Rock Painting & lunch



Date: **Wed Sept 11, 2024**
Time: 10:00 a.m.
Place: IOOF Inverness

Please call or email Jennifer
info@mcdc.info

Movie "Arthur the King"



Date: **Wed Sept 25, 2024**
Time: 1:30 p.m.
Place: MCDC

Please call or email Jennifer
info@mcdc.info

Indigenous Drop-In



All indigenous people are welcome. This is a family friendly event so please bring your children. Light refreshments will be provided.

Date: **Sun Sept 15, 2024**
Time: 1:30 p.m.
Place: MCDC basement/backyard
Please call or email Kaylea
youthmentalhealth@mcdc.info

APPLE PICKING & lunch



Date: **Wed Sept 18, 2024**
Time: 10:00 a.m.
Place: Kinnear's Mills
Please call or email Jennifer
info@mcdc.info



MEGANTIC ENGLISH-SPEAKING
COMMUNITY DEVELOPMENT CORPORATION

T : 418.332.3851 | Sans frais : 1.877.332.3851
www.mcdc.info

What's happening?

SHARP videoconference via ZOOM

"Services for Healthy Aging in the Right Place. Connecting for health.....libraries as pillars of health literacy, community learning, and empowerment."

Date: **Wed Sept 18, 2024**

Time: 10:00 - 11:30 p.m.

Place: MCDC

Please call or email Laurie
health@mcddc.info

Drop-In 1:30 - 3:30 p.m.



Sept 2 NO DROP IN
Sept 9 MCDC
Sept 16 Kinnear's Mills Municipal Hall
Sept 23 Inverness IOOF Hall
Sept 30 NO DROP IN

Church Services

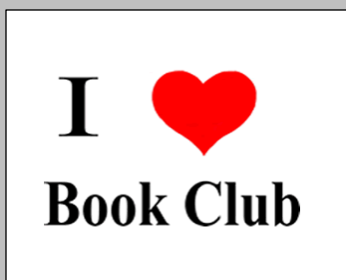
K.I.T. Pastoral Charge:

- Sept 8, 10:30 a.m. St. James Church on Heritage Site, Leeds
- Sept 15, 10:30 a.m. Gamache & Nadeau Chapel.
- Sept 22, Candlish, Kinnear's Mills.
- Sept 29, 10:30 a.m. St. Andrew's, Inverness.

Anglican Church Services:

- Sept 8, 10:30 a.m. St James Church on Heritage Site, Leeds (see below)

MCDC BOOK CLUB



Date: **Fri Sept 20, 2024**

Time: 1:30 p.m.

Place: MCDC basement

Please call or email Jennifer
info@mcddc.info

Megantic County Historical Society

The community is invited to the
MCHS's Annual Church Service:

Sunday, Sept 8, 2024,
at St. James Church
on the "Heritage Site"
in Leeds.

Bring a **picnic lunch** to be
enjoyed in the Model School
afterwards, followed by a
Musical Jam!!!

Milestones



- Birthday wishes going out to Lorraine Learmonth, Hartley Aulis, and to everyone who will be celebrating their birthday in September.

MCDC Walking Group



Date: **Thrs Sept 26, 2024**

Time: 10:00 a.m.

Place: Kinnear's Mills Municipal Park

Please call or email Jennifer
info@mcddc.info



Seniors Action Quebec Webinar

"How to Navigate the Healthcare System:
What is a CIUSS and its Role? How do You
Process a Complaint? How do You Find a
Family Doctor?"

Date: **Tue Sept 17, 2024**

Time: 10:00 a.m. - noon

Via ZOOM

Please register via
ruthkathleenpelletier@gmail.com



HAVE YOU MOVED?

If you have moved or are planning on moving and wish to continue receiving information from MCDC and your community, please give us your new coordinates. Call 418-332-3851 or email communications@mcddc.info

All members of the English-speaking community of Chaudière Appalaches and l'Érable are invited to become members of MCDC. Membership is free and it is a great way to get involved and show your support for your community. Please call 418.332.3851 or email communications@mcddc.info