

Down Home News



This document is made possible thanks to the financial support of:



Canadian
Heritage



Health
Canada

October 2024

MCDC's Annual Thanksgiving Luncheon



Date: **Tues Oct 15, 2024**

Time: 11:30 a.m.

Place: IOOF Inverness

Price: \$15

Deadline to reserve: Thrs Oct 10, 2024

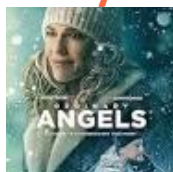
Please call or email Maureen
community@mcddc.info



Health activity & capsules

Please call MCDC to register for each of the following health sessions:

Movie Afternoon: "Ordinary Angels"



Date: **Wed Oct 9, 2024**

Time: 1:30 p.m.

Place: MCDC

Please call or email Jennifer
info@mcddc.info

SHARP

Videoconference

"Services for Healthy Aging in the Right Place"... enhance your safety and comfort while aging in your home.

Date: **Wed Oct 16, 2024**

Time: 10:00 a.m.

Place: MCDC & via ZOOM

Coffee & muffins will be served!

Please call or email Laurie
health@mcddc.info

DOT PAINTING + LUNCH



Date: **Wed Oct 23, 2024**

Time: 10:00 a.m. - 12:00 noon

Place: MCDC

Please call or email Jennifer
info@mcddc.info

Shopping Trip to Quebec city's Galeries de la Capitale

Thurs Oct 24, 2024

Please call or email Jennifer
info@mcddc.info

\$20

SCHEDULE:

8:45 a.m. Leaving MCDC church parking lot
9:15 Stop at Old School Kinnear's Mills
10:15 Arrive at shopping centre
3:15 p.m. Leaving shopping centre
4:15 Stop at Old School Kinnear's Mills
4:45 Arrive at MCDC church parking lot

ANNUAL SCHOOL CRAFT SALE



Date: **Sun Oct 27, 2024**

Time: 9:00 a.m. - 3:00 p.m.

Place: St. Pat's/ASJ High School

Rent a table = \$15

Additional table = \$5

CANTEEN AVAILABLE!!!!

Elizabeth Grondin: 418-335-9324

Julie Gagné: 418-335-5366 #8701



What's happening?

MOVIE CORNER



“PLANES, TRAINS, AND AUTOMOBILES”

Comedy starring Steve Martin & John Candy

Date: **Wed Oct 16, 2024**
Time: 1:30 p.m.
Place: MCDC

Please call or email Jennifer
info@mcdc.info



“Bewitched”

Comedy starring Nicole Kidman & Will Ferrill

Date: **Wed Oct 30, 2024**
Time: 1:30 p.m.
Place: MCDC

Please call or email Jennifer
info@mcdc.info

Church Services

K.I.T. Pastoral Charge:

- Oct 6, 10:30 a.m. Gamache & Nadeau Chapel.
- Oct 13, 10:30 a.m. Candlish, Kinnear's Mills
- Oct 20, 10:30 a.m. St. Andrew's, Inverness.
- Oct 27, 10:30 a.m. Gamache & Nadeau Chapel.

Drop-In

1:30 - 3:30 p.m.



- | | |
|---------------|----------------------------------|
| Oct 7 | MCDC |
| Oct 15 (Tues) | Inverness IOOF Hall |
| Oct 21 | Kinnear's Mills
Municipal Hal |
| Oct 27 | NO DROP IN |

Arts & Crafts

Wreath Decorating Workshop

December 3, 2024
1:00 - 3:30 p.m.
Eglise du Bon Berger
18, chemin du Mont Granit
Thetford Mines



Bring pliers, hot glue gun, scissors, and decorations.

Light refreshments will be served.
Spaces limited, register with Laurie
no later than Oct 22, 2024
health@mcdc.info

Milestones



- Birthday wishes going out to Ross Davidson, Edna Stewart, Peter Whitcomb, Patsy Fowler and to everyone who will be celebrating their birthday in October.

Indigenous Drop-In



Date: **Sat Oct 19, 2024**

Time: 1:30 p.m.

Place: MCDC
basement/backyard

Please call or email
Kaylea Curotte

youthmentalhealth
@mcdc.info

Family Halloween Movie Night



Date: **Thrs Oct 24, 2024**

Time: 6:30 p.m.

Place: MCDC

Deadline to register: **Fri Oct 18**

Call or email Kaylea

youthmentalhealth@mcdc.info

MCDC BOOK CLUB



Date: **Fri Oct 18, 2024**

Time: 10:00 a.m.

via ZOOM

or in person at MCDC

All members of the English-speaking community of Chaudière Appalaches and l'Érable are invited to become members of MCDC. Membership is free and it is a great way to get involved and show your support for your community. Please call 418.332.3851 or email communications@mcdc.info